



Employment & Training  
680 Main Street, 2nd Floor  
Dubuque IA 52001

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## Information on Free Workshops Inside!

### Job Search Websites

#### Federal Job Listings:

R.I. Arsenal Federal Jobs  
[www.cpol.army.mil/](http://www.cpol.army.mil/)

Department of Veteran's Affairs  
[www.jobcentral.com/vetcentral/](http://www.jobcentral.com/vetcentral/)

Office of Personnel Management  
[www.usajobs.opm.gov](http://www.usajobs.opm.gov)

U.S. Fish and Wildlife Service  
[www.fws.gov/jobs/](http://www.fws.gov/jobs/)

Job Central  
[www.jobcentral.com](http://www.jobcentral.com)

Federal Job Opportunities  
[www.usajobs.opm.gov](http://www.usajobs.opm.gov)

Federal Job Search  
[www.federaljobsearch.com](http://www.federaljobsearch.com)

Careers in Government  
[www.careersingovernment.com](http://www.careersingovernment.com)

Federal Jobs Digest  
[www.jobsfed.com](http://www.jobsfed.com)

**State Job Listings:**  
State of Iowa Jobs  
[www.das.iowa.gov](http://www.das.iowa.gov)

IWD Job Site  
[www.iowaworkforce.org](http://www.iowaworkforce.org)

Iowa: The Smart Career Move  
[www.smartcareermove.com](http://www.smartcareermove.com)

#### Educational:

U.S. Department of Education  
[www.ed.gov/index.jhtml](http://www.ed.gov/index.jhtml)

Financial Aid Information Page  
[www.finaid.org](http://www.finaid.org)

#### Career Websites:

O'Net  
<http://online.onetcenter.org>

Career One Stop  
[www.careeronestop.org](http://www.careeronestop.org)

America's Career Info Net  
[www.acinet.org/](http://www.acinet.org/)

Public Service Employees Network  
[www.pse-net.com](http://www.pse-net.com)

Region 1  
Employment & Training

680 Main Street, Dubuque IA 52001  
563-556-5800  
1-866-227-9874

132 West Greene Street, Postville IA 52162  
563-864-7554  
1-877-219-5058

Log on to these helpful websites at your local Workforce Center or any personal computer...

[www.iowaworkforce.org/region1](http://www.iowaworkforce.org/region1)

Local Workforce Development information for these northeast Iowa counties: Allamakee, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Howard, and Winneshiek

[www.iowajobs.org](http://www.iowajobs.org)

Iowa full-time and part-time job listings

[www.ajb.org](http://www.ajb.org)

America's Job Bank - a nationwide database of job listings

[www.acinet.org](http://www.acinet.org)

Career InfoNet - career exploration with specific information on the knowledge, skills, and abilities necessary for occupations

# Career Insights

January 2010

The following workshops are free. Seating is limited, so pre-registration at least four days prior to the workshop. For Dubuque workshops call (563) 556-5800.

**Job Club** Are you looking for work? Topics include information on career exploration, resume preparation, interviewing techniques, and job search strategies.

**Dubuque** February 11-15, March 8-12

9:00 am-3:00 pm

**West Union** March 8-12

9:00 am-3:00 pm

**Workplace Essentials** Covers topics such as goal setting, learning/thinking styles, becoming a critical thinker, problem solving, time management, balancing work and family, plus other skills that are important for job retention.

**Dubuque** February 22-26, March 22-26

9:00 am-3:00 pm

**West Union** February 8-12

9:00 am-3:00 pm

## Money Talks! Have You Heard?

As Much As \$5,657 – or more – Could Be Waiting for You!

You could qualify! Did you work in 2009? You may be eligible for the Earned Income Credit – even if you don't owe income tax.

If you worked in 2009:

- Did you have one child living with you? Did you earn less than \$35,463\*? You can get an EIC up to \$3,043.
- Did you have 2 children living with you? Did you earn less than \$40,295\*? You can get an EIC up to \$5,028.
- Did you have 3 or more children living with you? Did you earn less than \$43,279\*? You can get an EIC up to \$5,657.
- If you had no children living with you, did you earn less than \$13,440\* in 2009? Were you between the ages of 25 and 64? You can get an EIC up to \$457.

You could get a CTC refund too! Many families that earned more than \$3,000 may qualify for the Child Tax Credit (CTC) refund – up to \$1,000 for each qualifying child under age 17.

File a Federal Tax Return to get the EIC and CTC: Get Free Help!!!

- VITA – Volunteer Income Tax Assistance – helps people fill out returns for free.
- For a site near you, call 1-800-906-9887

Make sure you get the new Making Work Pay Credit! Many workers got the new Making Work Pay Credit in 2009 in their paychecks. But if you were self-employed, or didn't earn enough to have income tax withheld, you can claim this credit in your tax return.

*\*Income limits for married workers are \$5,000 higher.*

### Workforce Partners Helping Iowa Work

680 Main Street, 2nd Floor, Dubuque, 563-556-5800, 866-227-9874  
951 Linn, New Hampton, 641-394-4732  
223 West Main, Manchester, 563-927-4447  
429 High Street, Elkader, 563-245-2407  
205 East Second Street, Cresco, 563-547-2198

1111 Paine Street, Suite G, Decorah, 563-382-0457  
400 S. Frederick, Oelwein, 319-283-2751  
132 West Greene Street, Postville, 563-864-7554, 877-219-5058  
110 Allamakee Street (Courthouse basement), Waukon, 563-568-3048

Region 1 Employment & Training is an equal opportunity employer/program.  
Auxiliary aids or services are available upon request to individuals with disabilities.